



Morven Park Primary School

THE
**Tuck
Shop**

Information booklet

Dear Parent/Carers

Welcome to Morven Park Tuck Shop. This booklet has been designed to give Parent/Carers all the information you need about the running of our school Tuck Shop. Mrs Cornish opens the Tuck Shop daily between 10.45am-11.00am to allow all KS2 children to have the opportunity to buy a snack. We limit the number of items the children can purchase each day to reduce the queuing time for the children and give them enough time to eat their snack during the morning break. We hope this helps parent/carers with costs, as children only need a small amount of money. With this in mind, we think that a maximum of 30p/50p a day is an adequate amount to give your child to spend. A list of items for sale daily are on the back page of this booklet.

There are many benefits to running a Healthy Tuck Shop. Our children get a nutritional boost at morning break times, especially for the children who miss breakfast before school. We would like Parents/Carers to help us encourage their children to try the healthier options on offer instead of chocolate bars and crisps during morning break time. Our healthy Tuck Shop also:

- **Encourages healthy eating habits.**
- **Contributes to the future health of our children.**
- **Supports a whole school approach to healthy eating.**
- **Improves performance and behaviour.**
- **Contributes to a healthy immune system, reduces illness.**
- **Improves dental health due to the amount of sugar eaten.**
- **Shows Parents/Carers School considers the health of their children important.**

The lists below categorize our snacks based on their fat, sugar and salt content.

GREEN These are the healthiest snacks to choose. All contain no added sugar or salt and are low in fat.	AMBER These snacks may contain a little sugar, salt or fat but contain other nutrients that have health benefits.
Melon Banana Apple Fruit pots Sugar snap peas Rice cakes Plain popcorn Plain water Ice Pop	Raisins Mixed fruit Yoghurt tube Flavoured water

Miss Cornish who holds a level 2 Food & Hygiene Certificate will supervise our school Tuck Shop during morning break time with two Year 6 children per day on a Rota system. By the end of the school year all our year 6 children will have had a chance to get involved in the day-to-day running of our Tuck Shop. Miss Cornish will help the children with serving of food, money handling, and stock rotation.

Loyalty cards/Promotions

Offers of the week/Taster days for new products will be displayed on the chalkboard.

Loyalty snack items purchased will receive a stamp.

When 8 stamps are received it will be redeemed for a FREE item up to 10p

Children will keep their own loyalty card in their classroom trays with their Name/Class clearly labelled.

